

StudyTXT.....

StudyTXT Programmes

- >Tertiary
 - >Institutes of Technology
 - >Wairiki Institute of Technology
 - >Nursing and Health



Health Science & Nursing Practice 1 BN541
 Authors- Mandy Williams
 Moderator-

MAIN
 LNKS
 HOW
 TXTs
 mLn
 FAQ
 INFO
 NEWS
 POD
 @

Each individual message ordered costs 0.50 cents per message

Code for ALL messages in a group is at 0.50 cents for the 1st msg and 0.30 cents for all other messages->

e.g. 5 messages in total = .50 cents + 4 X .30 cents = \$1.70 (instead of \$2.50 if all five were downloaded on their own)



Download a PDF file of the message list below for your computer or to print out and use.

The questions have been grouped into sets of 5 messages. This does not overload the SIM card or memory on your cellphone and allows you to study a small group of messages at a time. It is also more economical to download.

Work with other students in your course and co-ordinate what messages you download and forward them to each other to reduce costs. Use the small gaps of time in your day (waiting for a bus, travelling to Uni, etc.) to 'snack on study' with the StudyTXT messages.

Message #	Message Description	Abbreviations used in the message	TXT this code to 396
ALL	Group 1 - Introduction to the Human Body Anatomy & Physiology	Code for group and ALL messages in this group at 0.50 cents for the 1st msg and 0.30 cents for all other messages--->	HNP

1	Anatomy & Physiology Definitions		HNP1
2	Structural levels of organisation		HNP2
3	Description of anatomical position		HNP3
4	Position terms	INF=inferior, ANT VENT=anterior ventral, PROX=proximal, LAT=lateral, SUP=superficial	HNP4
5	Description of the major body planes	SAG= saggital, COR=coronal, TRANS=transverse	HNP5
Message #	Message Description	Abbreviations used in the message	TXT this code to 396
ALL	Group 2 - Anatomy terms of movement	Code for group and ALL messages in this group at 0.50 cents for the 1st msg and 0.30 cents for all other messages--->	HNPB
1	Flexion & Extension	eg = example	HNPB1
2	Adduction & Abduction	m'm = movement, 2 wards = towards	HNPB2
3	Pronation & Supination	eg = example	HNPB3
4	Rotation		HNPB4
5	Inversion & Eversion	m'm = movement, eg = example	HNPB5
Message #	Message Description	Abbreviations used in the message	TXT this code to 396
ALL	Group 3 - Chemistry	Code for group and ALL messages in this group at 0.50 cents for the 1st msg and 0.30 cents for all other messages--->	HNPC
1	Atoms	Arms = Atoms, cnsist = consist, +ve = positive	HNPC1
2	Chemical Bonds	r = are	HNPC2
3	Solution, Solute, Solvent		HNPC3
4	Chemical reactions		HNPC4
5	rate of reactions		HNPC5
Message #	Message Description	Abbreviations used in the message	TXT this code to 396
ALL	Group 4 - ph, acids and bases	Code for group and ALL messages in this group at 0.50 cents for the 1st msg and 0.30 cents for all other messages--->	HNPD
1	Acid & Bases		HNPD1
2	pH scale		HNPD2
3	Salts		HNPD3
4	Buffers		HNPD4

Message #	Message Description	Abbreviations used in the message	TXT this code to 396
ALL	Group 5 - Organic Chemistry A	Code for group and ALL messages in this group at 0.50 cents for the 1st msg and 0.30 cents for all other messages--->	HNPE
1	Definition	CO2 = carbon dioxide	HNPE1
2	dehydration synthesis	H2O = water	HNPE2
3	hydrolysis	H2O = water	HNPE3
4	carbohydrates - ONE	C=carbon, H=hydrogen, O= oxygen	HNPE4
5	carbohydrates - TWO		HNPE5

Message #	Message Description	Abbreviations used in the message	TXT this code to 396
ALL	Group 6 - Organic Chemistry B	Code for group and ALL messages in this group at 0.50 cents for the 1st msg and 0.30 cents for all other messages--->	HNPF
1	Lipids	C=carbon, H=hydrogen, O= oxygen	HNPF1
2	Proteins - ONE		HNPF2
3	Proteins - Two	C=carbon, H=hydrogen, O=oxygen, N=nitrogen	HNPF3
4	Structural proteins		HNPF4
5	Functional proteins		HNPF5

Message #	Message Description	Abbreviations used in the message	TXT this code to 396
ALL	Group 7 - DNA, RNA and plasma membrane	Code for group and ALL messages in this group at 0.50 cents for the 1st msg and 0.30 cents for all other messages--->	HNPG
1	Nucleic Acids	C=carbon, H=hydrogen, O=Oxygen, N=nitrogen, P=phosphorus	HNPG1
2	Bases	A=adenine, G=guanine, T=thymine, C=cytosine, U=uracil	HNPG2
3	Plasma membrane - ONE		HNPG3
4	Plasma membrane - TWO		HNPG4

Message #	Message Description	Abbreviations used in the message	TXT this code to 396
ALL	Group 8 - MOVEMENT ACROSS THE plasma membrane	Code for group and ALL messages in this group at 0.50 cents for the 1st msg and 0.30 cents for all other messages--->	HNP
1	Diffusion		HNP1
2	Osmosis	H2O = water	HNP2

3	Osmotic pressure	H2O = water	HNP H3
4	Filtration		HNP H4
5	Mediated transport	H2O = water, lrg = large, 2 = to, membrne = membrane	HNP H5
Message #	Message Description	Abbreviations used in the message	TXT this code to 396
ALL	Group 9 - Movement and Solutions	Code for group and ALL messages in this group at 0.50 cents for the 1st msg and 0.30 cents for all other messages--->	HNP I
1	Active transport	ATP = Adenosine triphosphate	HNP I1
2	Isotonic solution	H2O = water	HNP I2
3	Hypertonic solution	hg hr = higher, movs = moves	HNP I3
4	Hypotonic solution	lwr = lower	HNP I4
5	Endocytosis & exocytosis	refrs = refers, 2 = to	HNP I5
Message #	Message Description	Abbreviations used in the message	TXT this code to 396
ALL	Group 10 - Cell components A	Code for group and ALL messages in this group at 0.50 cents for the 1st msg and 0.30 cents for all other messages--->	HNP J
1	Nucleus & ribosomes		HNP J1
2	Endoplasmic reticulum (ER)		HNP J2
3	Rough & smooth ER	ER= endoplasmic reticulum	HNP J3
4	Golgi apparatus		HNP J4
5	Secretary vesicles		HNP J5
Message #	Message Description	Abbreviations used in the message	TXT this code to 396
ALL	Group 11 - Cell components B	Code for group and ALL messages in this group at 0.50 cents for the 1st msg and 0.30 cents for all other messages--->	HNP K
1	Lysosomes		HNP K1
2	Mitochondria		HNP K2
3	Cilia	frm = from	HNP 3
4	Flagella		HNP 4
5	Microvilli		HNP 5
Message #	Message Description	Abbreviations used in the message	TXT this code to 396
		Code for group and ALL messages in this group	

ALL	Group 12 - Cell division	Code for group and ALL messages in this group at 0.50 cents for the 1st msg and 0.30 cents for all other messages--->	HNPL
1	Mitosis		HNPL1
2	Prophase - 1st stage		HNPL2
3	Prophase - 1st stage continued		HNPL3
4	Metaphase - 2nd stage; Anaphase - 3rd stage	Ch=chromosomes; Cent= centromeres; Cr= chromatid; SF= spindle fibres	HNPL4
5	Telophase - 4th stage		HNPL5
Message #	Message Description	Abbreviations used in the message	TXT this code to 396
ALL	Group 13 - Homeostasis	Code for group and ALL messages in this group at 0.50 cents for the 1st msg and 0.30 cents for all other messages--->	HNPM
1	Definition		HNPM1
2	Negative Feedback A		HNPM2
3	Negative Feedback B		HNPM3
4	Positive Feedback	cr8 = creates	HNPM4
5	Examples of Homeostasis		HNPM5
Message #	Message Description	Abbreviations used in the message	TXT this code to 396
