

# How to succeed at tertiary study in NZ

Peter Mellow  
Senior Lecturer,  
Flexible Learning Advisor,  
AUT  
[peter.mellow@aut.ac.nz](mailto:peter.mellow@aut.ac.nz)

All images in this presentation are  creative commons



1

Senior Lecturer/Flexible Learning Advisor  
CEPD

Teaching at AUT for 23 years

2007- National tertiary teaching awards for sustained excellence

2007- Apple Distinguished Educator (ADE) award

“recognised leader in Mobile Learning in New Zealand” eFest 2006

2004/05 - Named in the first group of Flexible Learning Leaders in NZ

2001 - Distinguished teaching award AUT



## Landmark projects:

- NZ Sign Language CD - NZSL 1
- ‘Whakahihiko te Hinengaro’ CD and website
- Produced 43 CDs and 3 DVDs for AUT
- Set up StudyTXT mLearning service

## AUT Student

### Satisfaction Survey:

- 2003-Anatomy paper ranked 3rd
- 2002-Anatomy paper ranked 2nd



Sunday, 30 May 2010

2

# Study Hints



**Think outside  
the square**

This presentation is available as a PDF download from:

[petermellow.com](http://petermellow.com)

Link to Mike Guinan's study hints



1957 - 2004

3

**Francis Douglas Memorial College**  
A Catholic College in the tradition of the De La Salle Brothers

home about curriculum boarding enrolment newsletters calendar for students careers for old boys forms & docs

### WELCOME TO FRANCIS DOUGLAS MEMORIAL COLLEGE

The people of Taranaki will tell you that we have a great school here in New Plymouth.

Founded in 1959 and named after a local priest who died an heroic death during the Second World War, we are a state integrated Catholic day and boarding college for young men throughout their teenage years.

With the departure in 2009 of the Brothers, who are still our proprietors, this remains a truly Lasallian school for the 740 fortunate boys, 120 of who board in La Salle House, to be formed in the virtues of Faith, Service and Community before taking their places in society.

I invite you to explore our website and make contact with us at [office@fdmc.school.nz](mailto:office@fdmc.school.nz) to reminisce or explore

### Recent Additions To Our Web Site

- The [Latest Newsletter](#) 28 May 2010
- [Absence Notification](mailto:absentee@fdmc.school.nz) [absentee@fdmc.school.nz](mailto:absentee@fdmc.school.nz)
- The [Br Bill Diaries](#) recording Br Bill's time in Sudan
- Our [2009 ERO Report](#)

**FOUNDER'S DAY MASS** will be held at **St Josephs Parish New Plymouth** on **Friday 4 June** at **9.30am**. (Go to our [calendar](#) to view more details)

### La Salle House Information Evenings

La Salle House is the boarding hostel for Francis Douglas Memorial College.

An invitation is extended to all families whose sons have recently been accepted in Year 9 in La Salle House Hostel

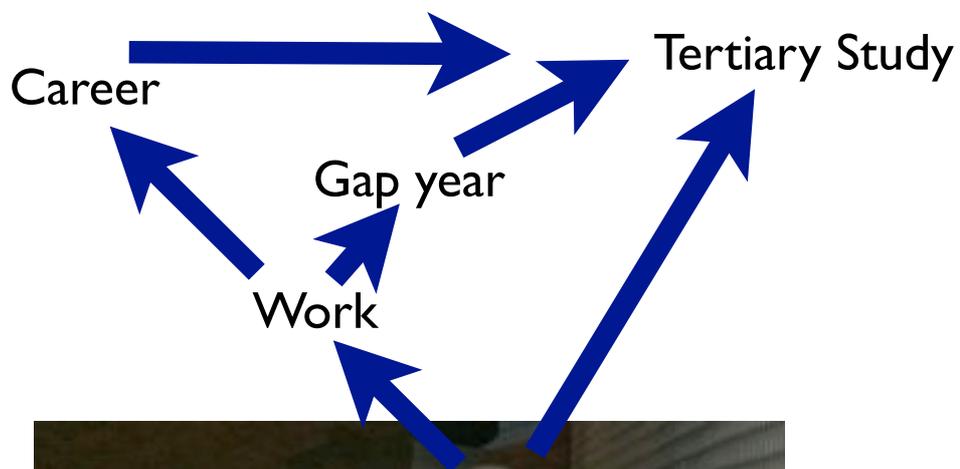
4

# Congratulations!

Well done on your journey so far!

5

## Where to from here?



6

# Tertiary Study

“Without high quality education for more students, national economies and individuals will suffer.”

“Higher education (*and education at all levels*) now occupies a position of importance rivaling the latest issues (global warming solutions, economy, etc.)”

*Otago University 2008*

7



8

# Graduation - the goal

## Graduates 'healthier and happier'

Graduates are less depressed, healthier and more likely to vote in elections than those who do not attend university, a report says.



Students go on to better lives, a study says

The Higher Education Funding Council for England (Hefce) found they were also more inclined to help with their children's education.

This suggests graduates derive benefits from higher education other than the higher pay and better career prospects normally associated with a degree.

Hefce chief executive Sir Howard Newby said: "Higher education is a key driver in providing economic and social benefits.

### 'Benefit to communities'

"Not only are the knowledge, skills and attitudes of graduates critical to business success, they also contribute strongly to civilising and cultural values in society and delivering other social gains.

"Increasing the number of graduates brings considerable benefits to communities and society."

Graduates were less likely to smoke or be obese, had a higher sense of well-being and read more to their children, Hefce found.

**BBC NEWS** April 8, 2003

A new report has suggested that graduates in Scotland are happier, wealthier, healthier, more likely to volunteer, be "green and add to the "well-being" of the nation than those who didn't go to university.

**Sunday Australian Herald March 25, 2007**



9

## Nearly 20% of university students don't last full year

HEATH GILMORE HIGHER EDUCATION  
December 6, 2009

CLOSE to one in five students drop out of Australian universities by the end of their first year.

They blame unhappiness with the subjects they chose, financial hardship, failing courses and the opportunity to upgrade to a better institution for the high fallout rate.

Latest figures released by the Federal Government show that international students attending Australian tertiary institutions have a higher retention rate.

At Southern Cross University in Lismore, three out of every 10 first-year students dropped out of their courses. The University of Sydney and the University of NSW each had 11 per cent drop-out rates, according to attrition, retention and progress data for 2008 just released by the Government.

The Batchelor Institute of Indigenous Tertiary Education in the Northern Territory had the highest leaving rate in Australia.

Overall, international students displayed a greater ability or willingness to get through the first year and continue with their chosen studies, the figures show.

In her review of the higher education sector, Professor Denise Bradley said each university should be set targets for improved rates of student retention.

In her report, Professor Bradley said factors affecting an individual's completion of a course were complex and could include the level of support from teachers and the institution, course content, course satisfaction, and the student's own expectations and circumstances.



10

# Course selection?

Study what you are interested in

Research your course, check lecturer profiles, their research interests, student feedback



11

The screenshot shows the consumer.org.nz website. At the top, there's a navigation bar with categories like Appliances, Health & beauty, Legal rights, etc. The main content area features an article titled "Choosing a tertiary course" under the "Kids & family" section. The article includes an introduction, a summary, and highlights. A sidebar on the left lists related content like "Finding the right course" and "Case study: journalism course". At the bottom, there's a call-to-action section titled "Want to find out more?" with options to "Join Now", "Buy this report", or "Login".

12

# How tertiary institutions work

'Ivory tower'?

Teaching, Research and community service

Conscience of society

Independent (and lifelong) Learners & critical thinkers

Student Support - Learning centre - health and counselling

Student Union/Association

Compressed semesters



13

# Assessment - Exams

Variety of assessments

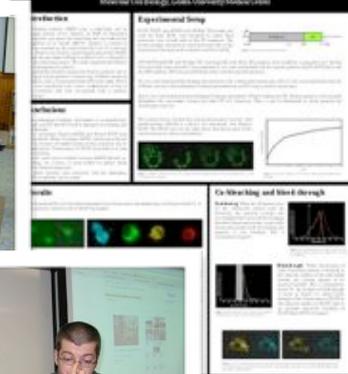
- assignments
- presentation
- group project
- computer quiz

however written exams are still the main assessment

Exam Board



Generating fluorescent pumilio proteins to measure pumilio mobility in living cells



14

article discussion edit this page history

# Plagiarism

From Wikipedia, the free encyclopedia

*For other uses, see [Plagiarism \(disambiguation\)](#).*

**Plagiarism** is the unauthorized use or close imitation of the language and thoughts of another author and the representation of them as one's own original work

Within academia, plagiarism by students, professors, or researchers is considered [academic dishonesty](#) or academic fraud and offenders are subject to academic censure. In journalism, plagiarism is considered a breach of [journalistic ethics](#), and reporters caught plagiarizing typically face disciplinary measures ranging from suspension to termination. Some individuals caught plagiarizing in academic or journalistic contexts claim that they plagiarized unintentionally, by failing to include [quotations](#) or give the appropriate [citation](#). While plagiarism in scholarship and journalism has a centuries-old history, the development of the [Internet](#), where articles appear as electronic text, has made the physical act of copying the work of others much easier, simply by [copying and pasting](#) text from one web page to another.

WIKIPEDIA  
The Free Encyclopedia

navigation

- Main Page
- Contents
- Featured content
- Current events
- Random article

interaction

- About Wikipedia
- Community portal
- Recent changes
- Contact Wikipedia
- Donate to Wikipedia

Please don't plagiarise



and other anti-plagiarism software

Discipline committees

15

# STUDY!

## It's **your** education

Read, read, read

Study, study, study

Work, work, work



Don't be a surface learner, be a deep learner



16

# Study Timetable

Plan your day, plan to succeed!

Use mind maps to link all concepts you need to know

sample study timetable (on campus, full time)

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
8-9am	GYM		GYM				
9-10am		travel		STUDY	travel	work	FOOD SHOPPING, LUNCH, CHORES
10-11	STUDY	CLASSES	STUDY		CLASSES		
11-12							
12-1pm	LUNCH			LUNCH	LUNCH		
1-2pm		LUNCH	LUNCH	STUDY	CLASSES		
2-3pm	STUDY	CLASSES	travel				STUDY
3-4pm			CLASSES				
4-5pm		travel			travel		
5-6pm	CHORES, DINNER			DINNER	STUDY		
6-7pm		DINNER	travel				DINNER
7-8pm			DINNER	WORK			
8-9pm	WORK		STUDY		DINNER	DINNER	STUDY
9-10pm		STUDY			STUDY	GO OUT	
10-11pm							
11-12midnight							
	6	3	6	7.5	5.5	0	6.5

17



## Study

Use the library

Form a study group

Look after yourself

Go to all lectures, tuts and labs

Ask questions!!!



18

# Activities

# Social

# Sport

Academic

Cultural

Environmental

Faculty

Performing arts

Political

Religious



Fitness  
Centre



NEW ZEALAND UNIVERSITIES

# BLUES

19

# Orientation

Institution and  
student events

Orientation week, University of Otago

However-

“Before you have fun,  
sort out your funds!”

Scholarship ???



New Students Orientation

20

# Finances



Budget, **budget** & budget

Study in your home city if you can, stay at home

If you study away from your home town, try and stay in a student hostel the first year

Be aware of student discounts

Part-time work?



 **STUDYLINK**  
Hoto Akoranga  
A service of the Ministry of Social Development  
[www.studylink.govt.nz](http://www.studylink.govt.nz)

21

# Family and Friends

Nurture friendships and keep people who have supported you in your journey updated.

They appreciate being able to share in your journey. Send them an email. Tell them what is going on in your life. They will enjoy hearing about your studies.



"Families are like fudge - mostly sweet with a few nuts."  
*Author Unknown*

22

# Don't worry about failing... a little!

Anyone can give up, it's the easiest thing in the world to do.

But to hold it together when everyone else would understand if you fell apart, that's true strength.

**Anon.**



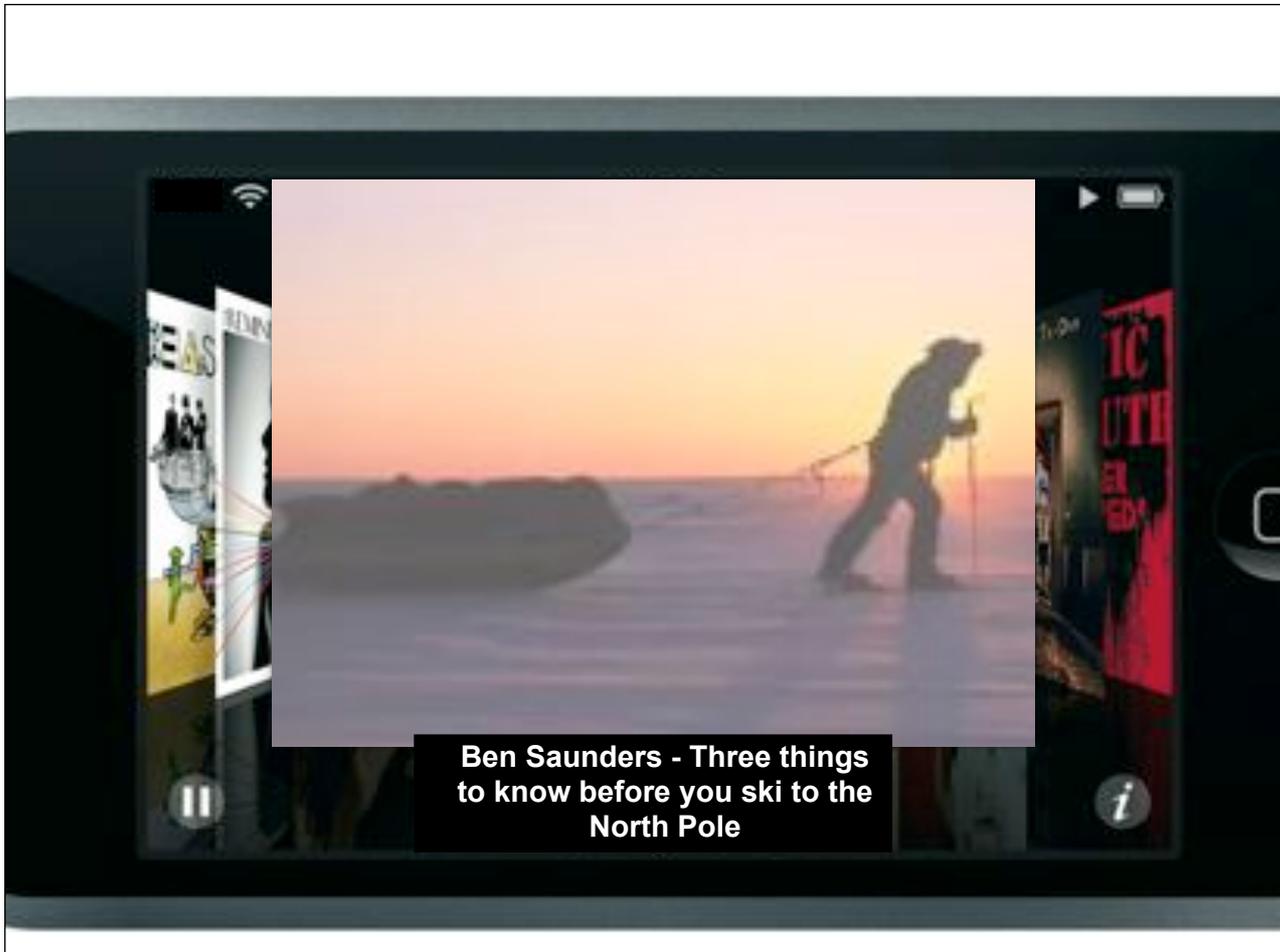
"Effort is the measure of a person."  
**William James**



23



24



25

**Good Luck on  
your tertiary  
study journey  
and your life!**

**Remember, it's  
an adventure!**



26

# Questions?

27

The image shows a screenshot of the KnowHow2GO website. At the top, there is a navigation bar with "USEFUL LINKS" and a search box. The main header features the "KnowHow2GO" logo and a "SEND TO A FRIEND" button. Below the header, a large graphic displays the numbers "1234" in a light gray font, with a young man in a red jacket standing in front of the number "3". To the left of this graphic is a vertical menu with categories: "4 STEPS TO COLLEGE", "MIDDLE SCHOOL", "FRESHMEN", "SOPHOMORES", "JUNIORS", "SENIORS", and "MENTORS". Below the menu are buttons for "MENTORES EN ESPAÑOL" and "GET TOUGH". The main content area is divided into several sections: "ARE YOU READY FOR COLLEGE" with a quiz icon, "STUDENT NEWSLETTER" with a sign-up button, "TAKE THE TOUR" with a circular logo, "FIND HELP NEAR YOU" with a map of the United States, and "GET TOUGH" with a "LEARN MORE" button. At the bottom left, there are social media icons for Facebook and YouTube.

28